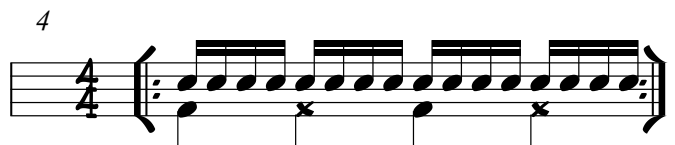
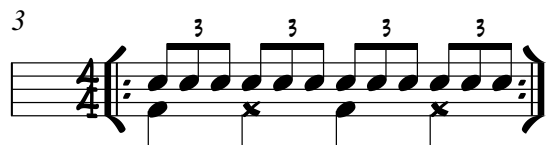
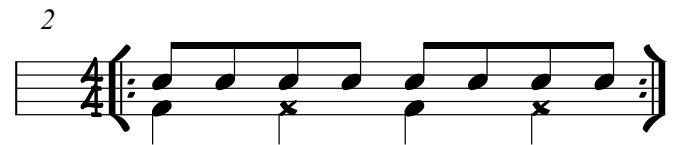
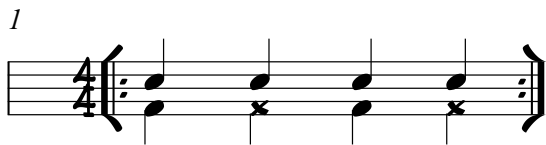


Rudimental Coordination



Take each of the stickings patterns written below and apply them to each of the rhythms patterns 1 - 4

ie; play beat 2 with pattern d or beat 4 with pattern i etc



a) R L R L etc

b) L R L R etc

c) R R L L etc

d) L L R R etc

e) R L L R etc

f) L R R L etc

g) R L R R L R L L etc

h) L R L L R L R R etc

i) R R L R L L R L etc

j) R L R L L R L R etc

k) any other patterns you can think of.
Be creative!

Play slow at first, until you are familiar with the patterns.
When you are comfortable with the patterns,
try moving your sticks onto different drums to
create new and interesting fill ideas.

Have Fun!!